



# LIFE SKILLS CLASS

Life is tough, but so are you. Practice life skills, learn easy tips and tricks, utilize the skills you already have, and let's do life together. Safety, money management, problem solving, decision-making, critical thinking, hygiene, emotions, and self-awareness. The sky's the limit for this practical, interactive and conversational class.



## POTENTIAL TOPICS TO COVER

- FOLLOWING DIRECTIONS
- NUMBERS/MATH
- READING/READING COMPREHENSION
- CRITICAL THINKING/CAUSE AND EFFECT
- HYGIENE
- SAFETY
- TIME MANAGEMENT
- SHARING/TURN TAKING
- VOCATIONAL SKILLS

## POTENTIAL GOALS TO TARGET

- VOCATIONAL SKILLS
- MAINTAINING FOCUS ON A TASK
- TURN-TAKING WITH A PEER
- INITIATING A CONVERSATION
- COMPLETING A TASK
- MAINTAINING EYE CONTACT
- FOLLOWING DIRECTIONS

## SKILL BUILDING UMBRELLA



# SOCIAL SKILLS CLASS

Feeling comfortable and able to excel in social situations with the right social tools is empowering. In social skills, participants will embark on a journey of self-discovery, skill development. Cultivating necessary skills for effective communication, verbally, non-verbally or with your AAC device, will help in relationships and character building. Join us to enhance your skills to communicate needs, wants, or just a simple conversation with others!



### POTENTIAL TOPICS TO COVER

- o ACCEPTING 'NO'
- o EMOTIONS
- o PROBLEM SOLVING & DECISION MAKING
- o CONFLICT MANAGEMENT/RESOLUTION
- o ACTIVE LISTENING

### POTENTIAL GOALS TO TARGET

- o IDENTIFY NON-VERBAL COMMUNICATION
- o GIVING A PEER A COMPLIMENT
- o INITIATING A CONVERSATION
- o ATTENDING TO A TASK
- o EXCHANGING CONVERSATION WITH PEER
- o MAINTAINING EYE CONTACT

## SKILL BUILDING UMBRELLA



# PAY IT FORWARD CLASS

Volunteering - the gift that just keeps giving. Give back to your community through volunteer outings at local businesses/organizations, making cards for Veterans, or collecting food for the Food Pantry. These are just a few examples of volunteer services that will be explored in class! Learning to pay it forward to other people helps spread kindness all around.



### POTENTIAL OPPORTUNITIES

- PARTNERING WITH NON-PROFITS
- PARTNERING WITH SCHOOL DISTRICTS
- PARTNERING WITH LOCAL BUSINESSES
- PARTNERING WITH A FOOD PANTRY
- PARTNERING WITH LOCAL LIONS CLUBS
- PARTNERING WITH THE 4H, SCOUTS, VFW

### POTENTIAL GOALS TO TARGET

- POSITIVE COMMUNICATION
- VOCATIONAL SKILLS
- WORKING TOGETHER WITH A PEER
- ATTAINING TO A TASK
- PUBLIC SAFETY
- FOLLOWING DIRECTIONS

## SKILL BUILDING UMBRELLA



# COOKIN' IN THE KITCHEN CLASS

From the garden to your plate, use kitchen safety practices to prepare fun recipes, picked out by you! Learn about measuring, nutrition, cleaning up, how to use kitchen appliances and even take a trip to the grocery store! Can you smell the delicious food already?



### POTENTIAL OPPORTUNITIES

- UNITS LEARNING ABOUT FOOD GROUPS, HEALTHY EATING, AND FOOD SAFETY.
- PRACTICE BAKING + COOKING
- USE OADC GROWN PRODUCE
- EXPLORE GROCERY STORES
- LEARN HOW TO FIND RECIPES
- TRY NEW TASTES AND TEXTURES

### POTENTIAL GOALS TO TARGET

- SAFETY
- TIME MANGEMENT
- WORKING WITH A PEER
- SEQUENCING
- MATHTMATICS
- PATIENCE



# ANIMAL DISCOVERY CLASS

Have you ever heard of a racoon dog or a glass frog? Did you know a group of zebras are called a zazzle? Did you know a sea otter has the thickest fur of any animal? Do you know what sound a fox makes? Explore different animals - the cute and silly-looking ones - and become an expert zoologist!



## POTENTIAL UNITS + ACTIVITIES

- ANIMALS A-Z
- ANIMAL HABITATS + ECOSYSTEMS
- ANIMAL ADAPTATIONS
- ANIMAL LIFE CYCLE
- TRIVIA, GAMES, WORKSHEETS, TRIPS
- NATIONAL GEOGRAPHIC ACTIVITIES

## POTENTIAL GOALS TO TARGET

- PEER TO PEER INTERACTIONS
- PATIENCE
- WORKING WITH A PEER
- ATTEND TO A TASK
- SOCIAL SKILLS
- LEISURE EXPLORATION





# GARDENING CLASS

Step into the world of greenery and blossoms with peers! This hands-on class will provide you with knowledge, practice, and fun projects to create a garden that brings you joy, tranquility, and a sense of pride! Build a garden to raise and harvest vegetables to use in cooking class or follow the life stages of a flower from seed to bloom!



## POTENTIAL UNITS + ACTIVITIES

- INTRODUCTION TO GARDENING
- COMPOSTING
- VEGGIE, FRUIT, HERB, FLOWER EXPLORATION
- PLANTING LARGE GARDEN OUTSIDE
- PLANT CYCLE FROM SEED TO SOW
- HARVESTING AND PRESERVING

## POTENTIAL GOALS TO TARGET

- FOLLOWING DIRECTIONS
- SENSORY EXPLORATION
- MAINTAINING FOCUS
- LIFE SKILLS
- SOCIAL SKILLS
- LEISURE EXPLORATION



SCIENCE UMBRELLA



# OUTDOOR EXPLORATION CLASS

Embark on a geological journey to unravel the Earth's rich history, escape the city lights and fly into the cosmos, uncover the secrets of weather patterns and other phenomena, immerse yourself in nature and learn about the ecosystems and nature's other wonders!



## POTENTIAL TOPICS + ACTIVITIES TO COVER

- GEOLOGY
- ASTRONOMY
- WEATHER
- SEASONS
- GENERAL NATURE
- EXPERIMENTS

## POTENTIAL GOALS TO TARGET

- TURN-TAKING
- FOLLOWING DIRECTIONS/RECIPE
- COMPLETING A TASK
- WORKING WITH A PEER
- POSITIVE COMMUNICATION
- APPROPRIATE PEER INTERACTION
- LEISURE EXPLORATION



## SCIENCE UMBRELLA



# AROUND THE WORLD CLASS

Countries, National Parks, Mountain Ranges, States, Continents, Landmarks, + Oceans! Explore the world virtually and travel somewhere new each week! Learn about their culture, tourist hot spots, animals that live there, and other fun facts! Hurry up, the train is now boarding adventurous folks! All aboard!



## POTENTIAL TOPICS TO COVER

- COUNTRIES, STATES + CONTINENTS
- NATIONAL/STATE PARKS
- MOUNTAIN RANGES
- BODIES OF WATER
- CULTURES, TOURIST HOT SPOTS, LANGUAGES, CUISINE, HOLIDAYS, + TRADITIONS

## POTENTIAL GOALS TO TARGET

- LEISURE EXPLORATION
- ATTEND TO A TASK
- SOCIAL SKILLS
- POSITIVE COMMUNICATION
- MAINTAINING EYE CONTACT
- PEER ENGAGEMENT







# ARTS N' CRAFTS CLASS

Roll up the sleeves and grab a paint smock.. we're using our creative caps and getting crafty! Paint, bead, sew, cut, glue, draw, sketch, color, shape, sculpt, build, emboss, and sand. Arts n' Crafts is a great time to relax and express yourself! Create group or individual projects that you can take home or sell in our Retail Space!



## BENEFITS TO ARTS N' CRAFTS

- EASILY ADAPTABLE TO ALL ABILITIES
- BUILDS SELF-ESTEEM
- ENHANCES COMMUNICATION
- IGNITES SELF-EXPRESSION
- HEALTHY COPING OUTLET
- GUARANTEED SUCCESS
- TEACHES PROBLEM SOLVING
- ENCOURAGES TEAMWORK

## POTENTIAL GOALS TO TARGET

- MAINTAINING FOCUS ON A TASK
- TURN-TAKING WITH A PEER
- SENSORY INTEGRATION/EXPLORATION
- COGNITIVE DEVELOPMENT
- EMOTION REGULATION/AWARENESS
- FINE MOTOR SKILLS
- PLANNING/ORGANIZATION SKILLS



# PINTEREST CRAFTS CLASS

Pinterest.com is one online resource full of ideas, inspiration, and creativity! Many crafts are made out of recycled materials or common household items! Find a project on Pinterest and make it happen in real life! Work together or individually on a project you get to take home or sell in our Retail Space!



## BENEFITS TO ARTS N' CRAFTS

- EASILY ADAPTABLE TO ALL ABILITIES
- BUILDS SELF-ESTEEM
- ENHANCES COMMUNICATION
- IGNITES SELF-EXPRESSION
- HEALTHY COPING OUTLET
- GUARENTEED SUCCESS
- TEACHES PROBLEM SOLVING
- ENCOURAGES TEAMWORK

## POTENTIAL GOALS TO TARGET

- CLEANING UP AFTER ONESELF
- PROBLEM SOLVING
- SAFE ONLINE BROWSING
- COGNITIVE DEVELOPMENT
- EMOTION REGULATION/AWARENESS
- FINE MOTOR SKILLS
- PLANNING/ORGANIZATION SKILLS

## ARTS UMBRELLA



# RECYCLED + REFURBISHED CLASS

Work together to create beautiful works of art, while exploring the limitless possibilities of recycling, fostering creativity with promoting environmental awareness! Practice upcycling, explore different recycled materials, promote sustainability, and turn trash into treasure!



### **BENEFITS TO RECYCLED ARTS N' CRAFTS**

- ENVIRONMENTAL AWARENESS
- BUDGET-FRIENDLY FUN
- EASILY ADAPTABLE TO ALL ABILITIES
- ENHANCES COMMUNICATION
- GIVES SENSE OF ACCOMPLISHMENT
- LEARN IMPORTANCE OF RECYCLING, REPURPOSING, AND REUSING MATERIALS

### **POTENTIAL GOALS TO TARGET**

- MAINTAINING FOCUS ON A TASK
- TURN-TAKING WITH A PEER
- SENSORY INTEGRATION/EXPLORATION
- COGNITIVE DEVELOPMENT
- EMOTION REGULATION/AWARENESS
- FINE MOTOR SKILLS
- PLANNING/ORGANIZATION SKILLS



# BEADING CREATIONS CLASS

Forget those big-name diamond stores, lets discover the world of beads and jewelry making, where beads become our artistic pallet and our works of art turn into a form of self-expression. Additionally, we can make our own beads too! Then, we can wear or gift it, or sell it in the retail space!



## WHY BEADING?

- o BEADING IS EASILY ADAPTABLE TO ALL ABILITIES, COMES IN MANY DIFFERENT SHAPES, SIZES, COLORS, TEXTURES, AND MATERIALS. THEY ALLOW FOR CREATIVITY FREEDOM AND CAN EASILY BE RE-DONE AND FIXED, LEAVING A SENSE OF ACCOMPLISHMENT.

## POTENTIAL GOALS TO TARGET

- o PATIENCE
- o FINE MOTOR SKILLS
- o SOCIAL SKILLS
- o SENSORY INTEGRATION/EXPLORATION
- o COGNITIVE DEVELOPMENT
- o FOLLOWING DIRECTIONS + PATTERNS
- o PLANNING/ORGANIZATION SKILLS

## MUSIC UMBRELLA



# MUSIC AND YOU CLASS



“Music speaks when words mean nothing.” Join our journey of exploring the connection between music and personal well-being, and understand the deep meaning of music as it relates to ourselves! Just like every song, melody, lyric, and artist, we too are unique but can still connect in many ways!

## WHY MUSIC?

- o PART OF A MULTI-SENSORY EXPERIENCE
- o MUSIC IS A UNIVERSAL LANGUAGE
- o SIMPLE WAY TO COMMUNICATE
- o INHIBITS SELF EXPRESSION
- o ALLOWS FOR HEALING
- o DIVERSE FOR ALL CULTURES
- o USED AS A SELF-REGULATION TOOL
- o USED FOR STRESS MANAGEMENT

## POTENTIAL GOALS TO TARGET

- o EMOTIONAL REGULATION
- o TOLERATE TURN-TAKING
- o ACCEPT CHANGE IN TASK
- o ATTEND TO A TASK
- o SOCIAL SKILLS
- o SELF-ADVOCATE
- o PERSERVERANCE





## MUSIC UMBRELLA



# MUSIC EXPLORATION CLASS

Throwback to the 80s, rock with ACDC, sing along to the Beatles, learn how to line dance with Luke Bryan... explore music! List to different genres, artists, decades, styles and play instruments right along with the tune. Test your knowledge at 'Name that Song,' or 'Can You Guess The Lyrics?' Learn more about your favorite artists and sing along, if you know the song!

## WHY MUSIC?

- PART OF A MULTI-SENSORY EXPERIENCE
- MUSIC IS A UNIVERSAL LANGUAGE
- SIMPLE WAY TO COMMUNICATE
- INHIBITS SELF EXPRESSION
- ALLOWS FOR HEALING
- DIVERSE FOR ALL CULTURES
- USED AS A SELF-REGULATION TOOL
- USED FOR STRESS MANAGEMENT

## POTENTIAL GOALS TO TARGET

- ATTEND TO A TASK
- TOLERATE TURN-TAKING
- ACCEPT CHANGE IN ROUTINE
- COMMUNICATION SKILLS
- PHYSICAL MOVEMENT/ACTIVITY
- MAKING CHOICES
- PERSERVERANCE





# EXERCISE CLASS

Let's get our bodies moving and our blood flowing! When you exercise, endorphins are released which is good for your mind, body and soul! Walk to a virtual video, lift some weights, go through an obstacle course, or bike on a stationary bike! Are you the next Arnold Schwarzenegger?



## POTENTIAL UNITS + ACTIVITIES

- o WALKING PROGRAM
- o FUN WEIGHT-LIFTING
- o STRETCHING
- o GROSS MOTOR GAMES
- o STATIONARY BIKES
- o SCOOTERS
- o RANGE OF MOTION/TIME IN A STANDER

## POTENTIAL GOALS TO TARGET

- o RESPECTING PHYSICAL BOUNDARIES
- o LEISURE EXPLORATION
- o CHANGING OF POSITION
- o TOLERATING A NEW TASK
- o FOLLOWING DIRECTIONS
- o EMOTION REGULATION/AWARENESS
- o GROSS MOTOR SKILLS/EXERCISE

## HEALTHY HABITS UMBRELLA



# HARMONY WITHIN CLASS

We all need to step back and take a breather break – but there are fun ways to do that! Practice yoga for well-being, delve into the practice of mindfulness meditations, learn other practical tools for stress reduction and relaxation, and feel a sense of relaxation from within.



### POTENTIAL UNITS + ACTIVITIES

- YOGA
- MEDITATION
- BREATHING
- STRETCHING
- MINDFULNESS
- TAI CHI

### POTENTIAL GOALS TO TARGET

- EMOTIONAL REGULATION/AWARENESS
- STRESS RELIEF
- COPING SKILLS
- FOLLOWING DIRECTIONS
- BEHAVIORAL MANAGEMENT
- GROSS MOTOR SKILLS/EXERCISE
- LEISURE EXPLORATION





# HEALTH + NUTRITION CLASS

Let's work together to be more knowledgeable and make better choices about our health and nutrition! Learn about healthy eating habits, balanced nutrition, and lifestyle choices that contribute to overall well-being! Join health and nutrition class to discover how to stay happy and healthy!



## POTENTIAL UNITS + ACTIVITIES

- HEALTHY EATING HABITS
- BALANCED NUTRITION
- FRUITS AND VEGGIES
- FOOD LABELS
- UNDERSTANDING SUGAR
- EXERCISE
- NUTRITION FACTS

## POTENTIAL GOALS TO TARGET

- LEISURE EXPLORATION
- TAKING TURNS
- WORKING WITH A PEER
- PATIENCE
- FOLLOWING DIRECTIONS
- FINE MOTOR SKILLS
- GROSS MOTOR SKILLS

## PURPOSEFUL LEISURE UMBRELLA



# BOOK CLUB CLASS

Calling all bookworms!! In this discussion-based group, let's explore some dramas, action, comic, fiction or nonfiction books! Over the course of a few weeks, let's read, talk, and digest some books we have enjoyed in the past or new ones! Maybe we could even write our own book one day...



## POTENTIAL ACTIVITIES

- o READING BOOKS TOGETHER
- o DISCUSSING BOOK QUESTIONS
- o LEARNING ABOUT GENRES
- o RESEARCHING AUTHORS
- o LEARNING NEW WORDS
- o WRITING SKILLS
- o READING PLAYS TOGETHER

## POTENTIAL GOALS TO TARGET

- o ATTEND TO A TASK
- o TOLERATE TURN-TAKING
- o EDUCATION-BASED GOALS
- o COMMUNICATION/SOCIAL SKILLS
- o CRITICAL THINKING
- o MAKING CHOICES



## PURPOSEFUL LEISURE UMBRELLA



# LEISURE PURSUITS CLASS

Journey through self-discovery and joy in this class as we seek new hobbies and leisure activities to enrich our lives and foster a sense of fulfillment! Dive into a variety of hobbies from arts to outdoor adventures, and everything in between. Let's give everything a go to discover new hobbies that lead to happiness and ignites our passions!



## POTENTIAL OPPORTUNITIES + ACTIVITIES

- o OUTDOOR HOBBIES/ACTIVITIES
- o INDOOR/OUTDOOR SPORTS/GAMES
- o WHOLISTIC ACTIVITIES
- o READING/WRITING
- o ARTS N' CRAFTS
- o WOODWORKING
- o KITCHEN ACTIVITIES

## POTENTIAL GOALS TO TARGET

- o PEER INTERACTION
- o TRYING SOMETHING NEW
- o EDUCATION-BASED GOALS
- o COMMUNICATION/SOCIAL SKILLS
- o CRITICAL THINKING
- o SOCIAL SKILLS
- o TEAMWORK



## PURPOSEFUL LEISURE UMBRELLA



# DANCE + MOVEMENT CLASS

Get groovy and ready to boogie! Tap your feet, clap your hands and move everything between. Explore different dances, music, cultures, dancing games, and move your body to the beat.



## WHY DANCE + MOVEMENT?

... why not! :)

- o FUN FORM OF EXERCISE
- o OPPORTUNITY TO GET ENERGY OUT
- o STRETCHING/ROM
- o FORM OF SELF-EXPRESSION
- o ABLE TO ADAPT TO ALL ABILITIES

## POTENTIAL GOALS TO TARGET

- o MOBILITY GOALS
- o MAKING CHOICES
- o COPING/BEHAVIOR ADJUSTMENT
- o FOLLOWING DIRECTIONS
- o SOCIAL SKILLS
- o SEQUENCING



## PURPOSEFUL LEISURE UMBRELLA



# BOARD GAMES CLASS

Battleship- sunk your ship!

Clue- who did it?

Monopoly- pay and get out of jail!

Sorry- sent back to start!

Jenga- slow and steady!

Uno- I win!

Test your strategy, work alone or as a team, and enjoy eachothers company while playing different card/board games!



## POTENTIAL UNITS + ACTIVITIES

- o MAKE YOUR OWN GAME
- o CLASSIC BOARD GAMES
- o NEW BOARD GAMES
- o TEAMWORK/GROUP GAMES
- o EDUCATIONAL BOARD GAMES
- o JUST PLAIN OL' HAVING FUN!

## POTENTIAL GOALS TO TARGET

- o FINE MOTOR SKILLS
- o COUNTING/NUMBERS/COLORS
- o CRITICAL THINKING
- o FOLLOWING DIRECTIONS
- o SOCIAL SKILLS
- o SEQUENCING
- o TEAMWORK



## PURPOSEFUL LEISURE UMBRELLA



# GROSS MOTOR GAMES CLASS

Let's go kick a goal, make a basket, get a bullseye, hit a homerun, score a touchdown, get a 3-point ringer, bowl a strike, get an ace! Get ready to sweat, run, walk, stretch, compete, work as a team, keep score, and celebrate a victory during these gross motor games that work your whole body head to toe!



## POTENTIAL UNITS + ACTIVITIES

- o CLASSIC SPORTS
- o ADAPTIVE LARGE BOARD GAMES
- o TEAMWORK/GROUP GAMES
- o COMPETITIVE GAMES
- o RELAY GAMES
- o OLYMPIC GAMES, YOU NAME IT!

## POTENTIAL GOALS TO TARGET

- o GROSS MOTOR SKILLS
- o ROM/PHYSICAL ACTIVITIES
- o CRITICAL THINKING
- o FOLLOWING DIRECTIONS
- o SOCIAL SKILLS
- o SEQUENCING
- o ACCEPTING A LOSS/DEFEAT



## PURPOSEFUL LEISURE UMBRELLA



# TECH 101 CLASS

Google, YouTube, Microsoft Office, Music, Kindle books, action games, learning games, strategy puzzles and card games. Get techy and individually explore what is out on the web while practicing internet safety! The world is at your fingertips - what will you discover and dive into today?



## TYPICAL DAY IN TECH 101

o COME ON IN AND EXPLORE INDEPENDENTLY, OR WITH STAFF ASSISTANCE THE WORLD WIDE WEB. READ A BOOK ONLINE, TRY SOME NEW GAMES, OR LISTEN TO YOUR FAVORITE ARTIST. WHILE DOING THIS, WE CAN LEARN INTERNET AND TECHNOLOGY SAFETY!

## POTENTIAL GOALS TO TARGET

- o FINE MOTOR SKILLS
- o EXPLORING NEW INTERESTS
- o EDUCATIONAL GOALS
- o FOLLOWING DIRECTIONS
- o SAFETY AND LISTENING
- o SEQUENCING/ROUTINE





## PURPOSEFUL LEISURE UMBRELLA



# SPORTS FANATICS CLASS

Did you hear who won the game last night and which player got drafted to another team? Stay up to date on today's sports, prepare for upcoming games, and learn a thing or two from researching statistics! Maybe you can do it better than the big-wigs... so get ready to make a basket, or see how far you can throw! Learn and interact with other sports fanatics!

## POTENTIAL UNITS + ACTIVITIES

- PARTICIPATE IN DIFFERENT SPORTS
- LEARN ABOUT DIFFERENT SPORTS TEAMS
- FOLLOW SPORTS TEAMS + STATISTICS
- CREATE BRACKETS DURING THE SPORTS SEASONS
- FOLLOW LOCAL SPORTS TEAMS + VISIT THEIR HOMEBASE

## POTENTIAL GOALS TO TARGET

- GROSS MOTOR SKILLS
- TEAMWORK
- USING THE INTERNET
- FOLLOWING DIRECTIONS
- CRITICAL THINKING
- PROBLEM SOLVING





## SENSORY UMBRELLA



# EXPLORING YOUR SENSES CLASS

Dive into the richness of sensory experiences while trialing and connecting with new sensations! See a new perspective through a sight, let your ears hear a symphony, discover flavors and textures of foods, explore a sense of touch through hands-on materials, smell the aromas, and overall – open your mind to new senses that can take you far away!



## WHAT IS SENSORY?

SENSORY IS A HUGE PART OF ALL OF OUR DAILY TASKS, EXPERIENCES, WORK, FAMILY-TIME, LEISURE, ETC. IT'S THE SMELLS, FEELINGS, SIGHTS, TASTE, AND SOUNDS. IT'S THE INPUT WE RECEIVE THAT WE THEN HAVE TO CREATE AN OUTPUT FOR! SOME ARE BETTER AT SELF-REGULATING THAN OTHERS, SO THIS CLASS WOULD HELP EXLPORE, TOLERATE, AND INTEGRATE!

## POTENTIAL GOALS TO TARGET

- o SENSORY INTEGRATION
- o COPING SKILLS
- o FINE MOTOR SKILLS
- o EDUCATIONAL GOALS
- o FOLLOWING DIRECTIONS
- o PEER INTERACTION



# SENSORY CLASS

Take this moment to de-compress, de-stress, regulate, and breath. In the sensory room, you can experience sensory exploration, massage, comfy chairs, dimmed lights and a calm ambiance to get you back on track or ready to conquer the hustle and bustle of the day. Do some brushing and ROM too in a tolerable environment!



## WHAT IS SENSORY?

SENSORY IS A HUGE PART OF ALL OF OUR DAILY TASKS, EXPERIENCES, WORK, FAMILY-TIME, LEISURE, ETC. IT'S THE SMELLS, FEELINGS, SIGHTS, TASTE, AND SOUNDS. IT'S THE INPUT WE RECEIVE THAT WE THEN HAVE TO CREATE AN OUTPUT FOR! ENJOY OUR SENSORY ROOM THAT IS MEANT FOR TAKING A BREAK, CALMING, ROM/MASSAGE, AND STEPPING AWAY FROM REALITY.

## POTENTIAL GOALS TO TARGET

- o SENSORY INTEGRATION
- o COPING SKILLS
- o FINE MOTOR SKILLS
- o EDUCATIONAL GOALS
- o FOLLOWING DIRECTIONS
- o PEER INTERACTION